

Please replace the Abstract with the following amended Abstract:

ABSTRACT OF THE DISCLOSURE

The invention relates to a winding for a transformer or a coil. Said winding is made of a winding material comprising a strip-type electric conductor which is connected in a detachable manner to at least one wide side having at least one layer of insulating material. The winding material is wound about a winding axis in order to prevent axial offset in order to form the threads. The invention further relates to a method for the production of said type of winding.